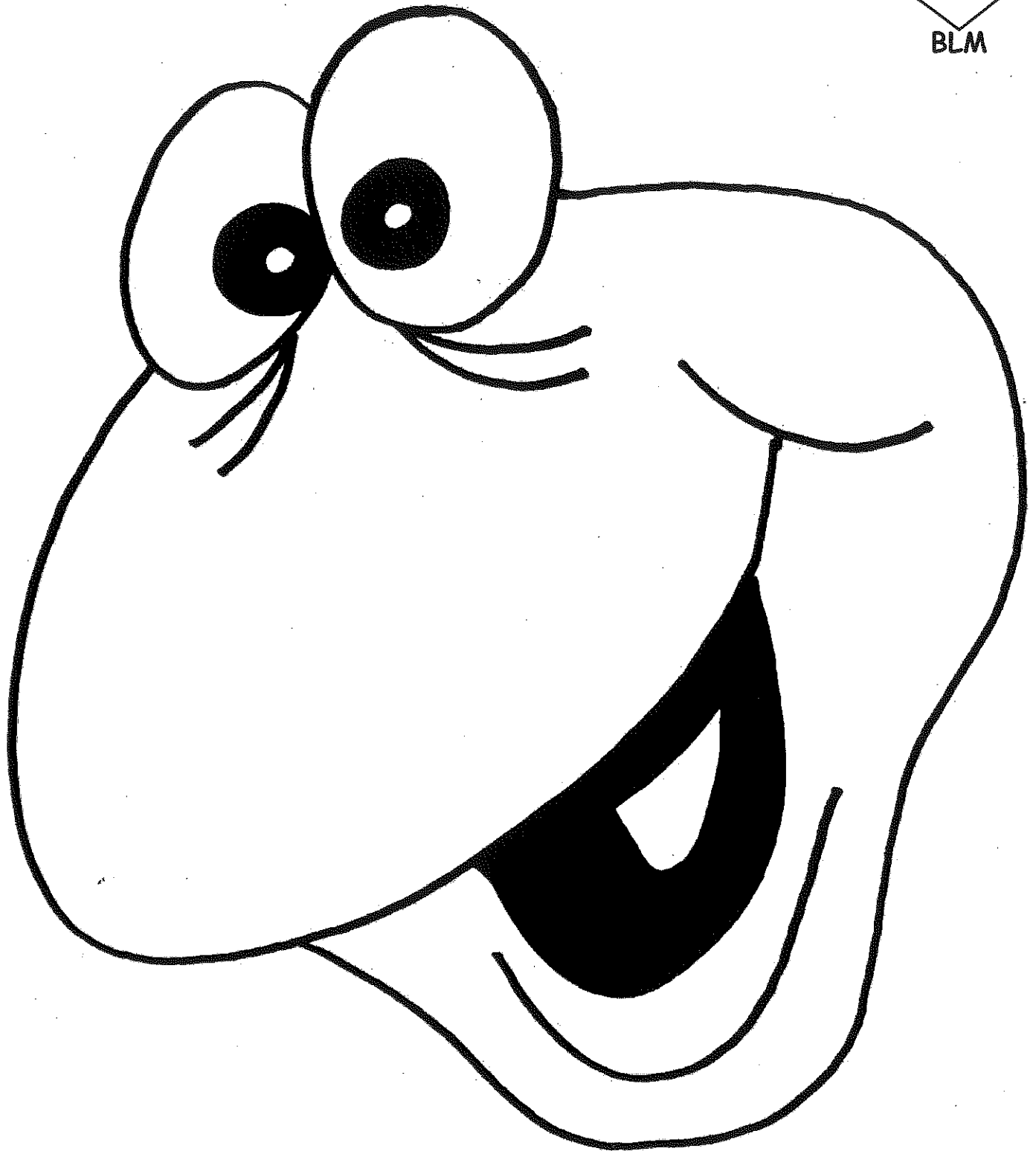


Walking Wally

Measure the distance around your yard that equals one kilometer (1310 steps). Kids will walk around this area for a few minutes and progress to 10 minutes. After each kilometer completed, kids will collect 1 paper marker. At the end of the time period, have kids stop and count the markers. Determine how many kilometers your child has walked. Post the kilometers walked using a "walking wally worm". Walking wally will grow one round segment for each kilometer walked.

Walking Wally

12a
BLM



Walking Wally

